

Study Game
(for orange belts and below)

Have you ever played the alphabet game with your child? (Usually a topic such as food is picked and then each person names a food for each letter in the alphabet starting with the letter A.) You can use the same idea to help familiarize your child with all the Korean terms used in the study of Tang Soo Do. This is a great way to help your child study for the upcoming test. If your child cannot tell you the meaning of the word see if they can demonstrate what the move should look like. Because many of the letters do not have corresponding Korean terms other important terms in English have been used to fill in the blanks.

White Belt Terms

A

ahn jo (sit)
ahneso (inside)
ahneso paku ro mahk ki (inside to outside block)
ahp (front)
ahp cha ki (front kick)
arrive at least 15 minutes early to class

B

bae rye (salute)
bahl poto oly ki (front stretch kick)
bow to the instructor when entering the studio

C

cha ki (kick)
cha ryut (attention)
cha ryut ja seh (attention stance)
choon be (ready)
choon be ja seh (ready stance)
choon dan han jin (side punch)
chun kul ja seh (front stance)

D

dan (black belt)
Do (way of life)
do bohk (uniform)
do jang (school or studio)

E

e kyung yet (bow)

F

fighting stance (hu kul ja seh)
front stance (chun kul ja seh)

G

Grandmaster J. C. Shin

gup (colored belt)

H

**han dan mahk ki (low block)
hu kul ja seh (fighting stance)**

I

Master Inoshita instructor

J

jumping jacks (you should be able to do 50 for the test)

K

**kee mah ja seh (horse stance)
kong kyuck (front punch)
ki hap (yell)
kukgi (national flag)
kyosa nim (instructor)**

L

**low (han dan)
low block (han dan mahk ki)**

M

**mahk ki (block)
muk yum (meditation)**

N

**no gum in class
no jewelry in class**

O

**outside (pakeso)
outside to inside block (pakeso ahnu ro mahk ki)**

P

**pahl put ki (punch exercise in horse stance)
pakeso ahnu ro mahk ki (outside to inside block)**

Q

quiet when the instructor is speaking

R

ryun ma (repetition and polishing /the philosophy of training in martial arts)

S

**sae kye hyung il bu (world form number one)
Sah Bum Nim (senior instructor)
salute the flags when you enter the studio
sang dan (high)
sang dan mahk ki (high block)
shi jak (begin)
Soo (fist, strike, defense)**

T

Tang (T'ang Dynasty of China)
tollyo cha ki (roundhouse kick)
tora (turn)

U

uniforms should always be clean and neat

V

W

warm up exercises help to prepare the body and mind
white belt (beginning stage of development)

World Tang Soo Do Association

X

Y

yup cha ki (side kick)

Z

Orange Belt Terms

8th Gup

(For easier learning some of the terms have been dissected.)

A

ahop (nine)
ahneso paku ro mahk ki (inside outside block)
association patch (is worn on the left side of the chest of the uniform)

B

bahl (foot)

C

chit pahl ki (stomp kick)
chok do chi ru ki (push kick)
choon dan (middle section)
choon dan han jin (side punch)
chun kul (front stance)
chun kul ssang soo mahk ki (front stance/ X / block)
chun kul ssang soo sang dan mahk ki (front stance/ X / high /mahk ki)
chun kul ssang soo han dan mahk ki (front stance/ X / low / low / block)
chun kul yon sok soo ki (front stance block and punch combinations)

colors of belts (white, orange, green, brown, red, midnight blue, black)

D

da ri (leg)

dwi (back as opposed to front)

dwi cha ki (back kick)

dwi poto oly ki (back stretch kick)

dwi tollyo cha ki (spinning back kick)

E

elbow (pahl koop)

F

Flag-American (the American flag is worn on the right arm of your uniform)

Flag-Korean (the Korean flag is worn on the left arm of your uniform)

G

Gup (an orange belt is the 8th Gup)

H

hana (one)

I

ilgup (seven)

in choong (philtrum-the [vertical groove](#) in the [upper lip](#))

J

jumping jacks (you should be able to do 60 for the test)

K

ko hwan (groin)

ko map sum ni da (thank you)

kong kyuck (attack)

kyo cha rip ja seh (cross stance)

kyung yet (bow)

L

leg (da ri)

M

mirro yup cha ki (stepping side kick)

moo ree (head)

myung chi (solar plexus)

N

net (four)

O

orange belt (new grown in Spring)

P

pahl (arm)

pahl koop (elbow)

pahl koop kong kyuck (elbow attack)

philosophy (know the Five Codes-Loyalty to country, Obedience to parents, Honor friendship, No retreat in battle, In fighting, choose with sense and honor)

purpose of Tang Soo Do (self-defense, health, better person)

quickly line up in class Q

return stance (ba ro ja seh) R

sa ko rip ja seh (side stance) S
sae kye hyung e bu (world form number two)
set (three)
sohn or soo (hand)
soo do (knife hand)
soo do kong kyuck (knife hand attack)

T
tasot (five)
Tang Doo Do (T'ang Dynasty of China, fist (used in a strike or in defense), way of life)
target areas (high-sang dan, middle-choon dan, low-han dan, lowest-choi han dan)
tenets of Tang Soo Do (Integrity, Concentration, Perseverance, Respect & Obedience, Self-Control, Humility, Indomitable Spirit)
Tul (Two)

U
under nose (philtrum)

V
vital points (philtrum, solar plexus, and groin)

W
way of life (Do),

X
X block (ssang soo mahk ki)

Y
yasot (six)
yodol (eight)
yol (ten)
yup poto oly ki (side stretch kick)

Z

Orange Belt with a white stripe
7th Gup

A
ahneso (inside)
ahneso paku ro cha ki (inside/ outside/ crescent/ kick)

B
ba ro (return)
bandae (reverse)

C

cchik ki (axe kick)
chun kul bandae chi ru ki (front stance/ reverse/ punch)
chun kul yon sok soo ki (front stance/ block and punch combinations)
concentration

D

deah (one step jump kick)
deah yup cha ki (jump/ side kick)

E

e dan (jumping kick-two step kick)
e dan ahp cha ki (jumping/ front/ kick)

F

G

H

han dan, sang dan tollyo cha ki (low/ then high/ roundhouse kick)
ho sin sul (self-defense)
honor friendship
humility

I

il soo sik dae ryun (one step sparring)
in fighting, choose with sense and honor
indomitable spirit
integrity

J

jang kwon kong kyuck (heel of palm attack)

K

kee mah yup mahk ki (horse stance/ side/ block)
ku ryung e mat cho so (by the count)
ku ryung up shi (without the count)
kwan chang nim (Grandmaster)
kyosa nim (instructor)

L

loyalty to country

M

muk yum (meditate)

N

no retreat in battle

O

obedience to parents

P

pakeso ahnu ro cha ki (outside inside crescent kick)

Q

R

respect & obedience

S

sah bum nim (senior instructor)

sae kye hyung sam bu (world form number three)

self-control

shio (relax)

sparring

T

U

V

W

X

Y

yup mahk ki (side block)

yup hu ryo cha ki (hook kick)

Z